

NEWSLETTER

October 2025

PALMETTOHEATSOFTBALL.TEAMSNAPSITES.COM



14U Bryant & 14U Temple Scrimmage

We're still growing!

As we close out the 2nd half of our second season, we are excited to add two additional teams to the Palmetto Heat stable.

Please welcome **12U Garren** & **16U Temple** who will begin their inaugural seasons in spring/summer of 2026.

Tryouts

8U Henderson - Oct 28 & Nov 06

10U Lewis - Oct 22 & Nov 03

12U Garren - Oct 22 & Oct 29

Spring 2026

Our Spring/Summer 2026 Offerings:

- 8U Henderson
- 10U Lewis
- 12U Garren
- 14U Bryant
- 14U Temple
- 16U Temple
- 16U Select



01/03

#PURPOSE

Psalm 115:1

Not to us, O Lord, not to us, but to your name give glory, for the sake of your steadfast love and your faithfulness



Player Spotlight

Congratulations to **Lily Claire (LC) Clinton** on her exceptional day at the plate ending with a perfect 1.000 batting average that included 7 hits and 6 RBI's in the DC Fastpitch Fall Brawl on October 11th.

Amazing day, LC! Keep working hard!

Schedule

- Oct 18 - **Select** - Top Gun - Cornelius
- Oct 25-26 - **8U Henderson** - Top Gun - Asheville
- Oct 25 - **14U Bryant** - Top Gun - Charlotte
- Nov 1-2 - **10U Lewis** - Top Gun - Myrtle Beach
- Nov 1 - **14U Bryant** - DC Fastpitch - York
- Nov 1 - **14U Temple** - DC Fastpitch - York
- Nov 8 - **8U Henderson** - Top Gun - Charlotte
- Nov 8-9 - **14U Temple** - DC Fastpitch - Tyger River
- Nov 8-9 - **Select** - DC Fastpitch - Tyger River
- Nov 15 - **8U Henderson** - Top Gun - Shelby
- Nov 15-16 - **10U Lewis** - Top Gun - Tyger River
- Nov 15 - **14U Bryant** - DC Fastpitch - Union
- Nov 22-23 - **Select** - PGF - Rock Hill

Congratulations, 14U Temple!



14U Temple was crowned Bronze champions in a very competitive field at the DC Fastpitch Fall Brawl on October 11th in York, SC.

02/03

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2025-2026 Off Season Workouts

We are currently developing a **Winter Warriors** off season workout program for our Palmetto Heat families – further information is to come. Registrations will begin mid-November.

- 8 Week Training Program
- Strength & Conditioning
- Specialty skills training (catching, middle infield, corners, outfield)
- Pitching repetitions & instruction
- Hitting Sessions
- Team Camps
- Situational Awareness
- and MORE ...

Team Camps

We are working on scheduling two (2) team camps with college programs in the offseason for our 14U and 16U clubs. Schools that have responded to our request are **Winthrop , Presbyterian, and Erskine.**



Strength and conditioning offer athletes numerous benefits, including improved athletic performance through increased power, speed, and endurance. They also enhance physical health by reducing injury risk, strengthening bones and connective tissues, and improving coordination and balance. Additionally, these programs build mental toughness, resilience, and focus.

03/03

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